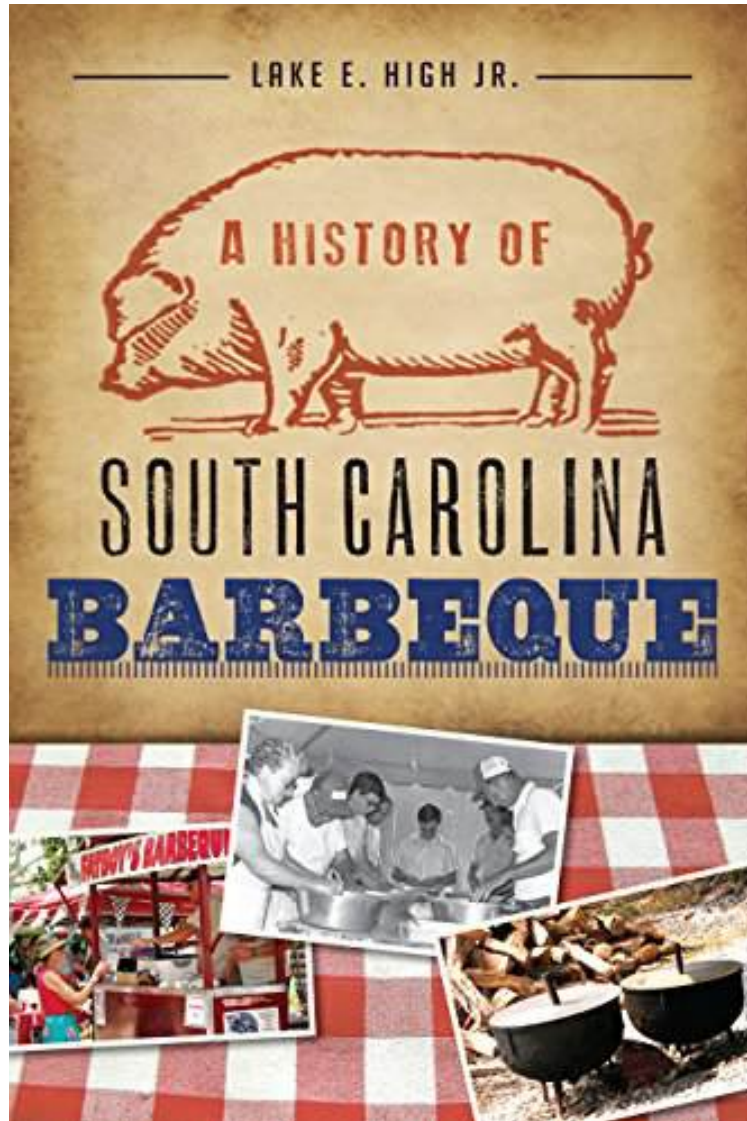


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By Lake E. High Jr.

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0 of 1 review helpful Truth in BBQ Lake High Delivers By destination bbq Lake High is THE source of information about all things South Carolina barbeque As president and founder of the South Carolina Barbeque Association he is not only well schooled on the subject he is eloquent in his explanations It is true South Carolina is in fact the birthplace of BBQ High makes a clear and powerful case that simply cannot be South Carolina has been home to good old fashioned barbeque for quite a long time Hundreds of restaurants stands and food trucks sell tons of the southern staple every day But the history of Palmetto State barbeque goes deeper than many might believe it predates the rest of America Native Americans barbequed pork on makeshift grills as far back as the 1500s after the Spanish introduced the pig into the Americas Since the early 1920s South Carolinians have been pe About the Author Lake E High Jr is president and co founder of the South Carolina Barbeque Association He has been in the industry since 2004 and helps train the judges that preside over the many barbeque competitions in South Carolina

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